

BOOK LIST 2013

BABIES

Losing a Child by Elaine Storkey

Offers encouragement and hope for those coping with the shock and pain of losing a child.

Sasha's Legacy by Nicola Daly

A guide to funerals for babies.

Where is baby? Cot Death Division National Child Health

A story for a sibling who has had a baby brother/sister die.

SANDS leaflets:

The Loss of Your Grandchild

Fathers Grieve Too

When a Baby Brother or Sister Dies

SANDS Support Pack: Information for when your baby dies.

SANDS is a group of bereaved parents providing stillbirth and newborn death support.

MISCARRIAGE AND STILLBIRTH

Baby Gone compiled by Jenny Douche'

NZ stories of miscarriage, still birth and infant loss.

Good Mourning by Judy Gordon Morrow Nancy Gordon De Hamer

A personal reflection on pregnancy loss.

Coping with Miscarriage by Kitch Cuthbert and Sandra Van Eden Long

Explains the process and aftermath of miscarriage in physical and emotional terms and ways women can help themselves.

TEENAGERS

How Teenagers Cope with Grief: Something I've Never Felt Before by Doris Zagdanski

Young people from 12 to 21 years share how they cope with their grief.

I Couldn't Cry When Daddy Died by Iris Galey

An incest survivor shares her story after her father's suicide.

The Challenge of Change – How to Walk Alongside a Child or Teen Living with Death, Divorce or Other Life Change by Trey Malicoat and Amy Morris

A Skylight booklet which aims to help adults support children and young people who are dealing with loss and grief.

WHEN YOUR CHILD OR GRANDCHILD DIES

After the Death of a Child by Ann K Finkbeiner

A bereaved parent examines the continued love parents feel for their dead child and how preserving that bond helps them to live with the pain.

When Goodbye is Forever by John Branblett

Learning to live again after the loss of a child.

The Disappearance by Genevive Jurgensen
How do you live when your children live no more?

Dear Isobel by Georgina Monckton
Coming to terms with the death of a child.

Voices by Margaret Gillanders and Sandi Legge
Poems for all parents who have lost a child.

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FOR CHILDREN LEFT BEHIND

Where is baby? Cot Death Division National Child Health
A story for a sibling who has had a baby brother/sister die.

Far Mourning by Mary Hayley Bell
An allegory written for the truly young of all ages about the questions surrounding birth, death and suffering.

Grief in Children by Atle Dyregrov
A handbook for adults.

The Challenge of Change – How to Walk Alongside a Child or Teen Living with Death, Divorce or Other Life Change by Trey Malicoat and Amy Morris
A Skylight booklet which aims to help adults support children and young people who are dealing with loss and grief.

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FOR THE PARENTS OF CHILDREN LEFT BEHIND

On Children and Death by Elizabeth Kubler-Ross
An inspired work about how children and their parents can and do cope with death.

Mummy What Colour was the Cat? by Dr Trudy Honore'
Trudy lost her husband in a car accident she had just given birth to their first child. She describes the expected and unexpected problems she encountered from the time of her husband's death to the chasms that opened up years afterwards and how to make sense of the mayhem.

The Challenge of Change – How to Walk Alongside a Child or Teen Living with Death, Divorce or Other Life Change by Trey Malicoat and Amy Morris
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SUICIDE

I Couldn't Cry When Daddy Died by Iris Galey

An incest survivor shares her story after her father's suicide.

After a Suicide a Ministry of Youth Development booklet

Practical information for New Zealanders bereaved by suicide.

LOSING A PARENT

Grief is a Family Affair by Doug Manning

When the family circle is broken everyone is affected and everyone is needed to put the circle back together again.

Genesis a personal guide through grief by John Kennedy Saynor

Written to help the grieving understand their thoughts and emotions.

Motherless Daughters by Hope Edelman

Women who grew up without a mother share their stories.

LOSING A SPOUSE

Widowed What Now? by Valerie Austin and Charles Clarke-Smith

Compiled and written by two widowed people to help New Zealanders and their children cope with widowhood.

COMFORTING THE GRIEVING

Counselling by Robert J Manthei

How counsellors can help their clients to help themselves.

The First Year of Bereavement by Glick, Weiss, Parkes

A comprehensive study of bereavement.

MEN

Men and Grief by Carol Staudacher

A Guide for men surviving the death of a loved one.

CANCER

Uplift by Barbara Delinsky

Women who have survived Breast Cancer share their stories and what they learnt along the way.

CARING FOR THE DYING

Final Gifts by Maggie Callanan + Patricia Kelley

Understanding and helping those who are dying.

Help Me I'm Dying by Elizabeth Williams

For those caring for the terminally ill at home.

When Someone You Love Has Cancer by Cecil Murphey

Comfort and encouragement for caregivers and loved ones.

CHRISTIAN

Anchor in the Storm by Helen Applegate

A New Zealand couple overcome personal tragedy to serve God on the high seas.

GENERAL

After Goodbye by Ted Menton

How to begin again after the death of someone you love.

Now that the Funeral is Over by Doris Zagdanski

A short book to help you understand the effects of grief.

Stuck for Words by Doris Zagdanski

What to say and do when someone you know is grieving.

Facing Death and Finding Hope by Christine Longaker

A guide to the emotional and Spiritual care of the dying.

Comforting Those who Grieve by Doug Manning

A compassionate guide for ministers, counsellors, family and friends.

Permission to Grieve by Doug Manning

Grief is a journey, not a feat to be achieved.

Continuing Care Series Booklets:

The Pain of Grief by Doug Manning

The Reality of Grief by Doug Manning

The Journey of Grief by Doug Manning

The Dimensions of Grief by Doug Manning

This series of four booklets accompanies the reader on a journey through the grieving process.

Talking About Bereavement by Rosamond Richardson

Interviews with people dealing with bereavement.

I Couldn't Cry When Daddy Died by Iris Galey

An incest survivor shares her story after her father's suicide.

Far Mourning by Mary Hayley Bell

An allegory written for the truly young of all ages about the questions surrounding birth, death and suffering.

The First Year of Bereavement by Glick, Weiss, Parkes

A comprehensive study of bereavement.

House on a Hill by Denny Chew

A book to help adults enter into a healthy dialogue with young children about death and dying.

In Your Time of Sorrow – words of comfort and hope by Ian Malins

Helping you understand the grief process and providing signposts this difficult part of life's journey.

The Disappearance by Genevive Jurgensen

How do you live when your children live no more?

Snapshots on the Journey by Rod McLeod

An anthology of poems for the journey through death, mourning, grief and remembrance.

Words of Comfort for Times of Loss by Murphey/Allison

Gentle words, practical suggestions, prayers and simple messages of hope for those who grieve.

Voices by Margaret Gillanders and Sandi Legge

Poems for all parents who have lost a child.

Earthly Farewell by Hilary Hudson

A funeral planning guide.

Coming to Grief by Pam Heaney

A survival guide to grief and loss, including strategies to aid healing.

On Death and Dying by Elizabeth Kubler-Ross

Discusses the thoughts and feelings of the dying and in particular the phases through which the dying pass as they move towards acceptance of their impending death.

Last Words compiled by Margot Schwass

Approaches to death in New Zealand's cultures and faiths.

Grief in Children by Atle Dyregrov

A handbook for adults.

The Challenge of Change – How to Walk Alongside a Child or Teen Living with Death, Divorce or Other Life Change by Trey Malicoat and Tricia Irving

A Skylight booklet that aims to help adults support children and young people who are dealing with loss and grief.

When You're Grieving A Skylight Booklet

Helpful information and ideas to help you on your journey.

Making a Memory Book

A Skylight leaflet that helps people keep important memories of someone who has died.

Post and Antenatal Distress

A support guide for mothers describing how Post and Antenatal Distress may be experienced, how it comes about, and what may help.

When Someone Dies – A Guide to the Coronial Services of New Zealand

This New Zealand booklet is a helpful guide for those involved in a death where there is a Police or Coroner's inquiry.

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